

# FELSTED PRIMARY SCHOOL

## PE CURRICULUM POLICY

November 2022



Nurturing today's minds for tomorrow's challenges

- Be Respectful
- Be positive
- Be the best you can be
- Save our world!

## Felsted Primary School PE Curriculum Map

### Our Intent

At Felsted Primary School, we believe that Physical Education is crucial in developing a range of skills in our pupils, as well as understanding the benefits this has to their health. We ensure that pupils receive a high-quality approach to their physical education curriculum which inspires all pupils to succeed and excel in competitive sport and other physically-demanding activities.

In line with the national curriculum, we aim to ensure that pupils:

- Develop competence to excel in a broad range of physical activities.
- Are physically active for sustained periods of time.
- Engage in competitive sports and activities.
- Lead healthy, active lives.

We currently hold the Silver Games Mark award and are striving to achieve Gold by the end of this academic year.

### Our PE Curriculum

- All children have at least two hours of timetabled PE sessions each week.
- In the Foundation Stage, children have the opportunity to take part in PE sessions which include a range of dance, gym and games lessons with a heavy focus on developing the children's physical literacy. There are many other physical activities happening throughout the week as part of our physical development work.
- In Key Stage 1 and Key Stage 2, pupils have the opportunity to take part in PE sessions which include a range of dance, gym, yoga and games lessons.
- In the summer term, all children have two swimming lessons a week in our outdoor heated swimming pool to provide the opportunity for the children to meet the National Curriculum aims of swimming 25m.

### Planning

- We currently use the Primary PE Planning (PPP) scheme of work.
- PE lessons and activities are planned and adapted to ensure that the children are able to build on their prior knowledge while giving them the opportunity to develop their skills and understanding of each activity area, with clear progression to ensure that the children develop as they move up through the school.

- Skills of external sports coaches are utilised to offer a wider range of extra-curricular activities that cannot be covered within the curriculum lessons (gymnastics, archery, hockey, multisport). A full list of the current clubs that we offer can be found on the school's website.
- We use outside agencies to teach additional sports, such as cricket and cheerleading, which also contribute to the CPD for our staff.

### Teaching PE with cross-curricular links

- Where appropriate, **computing** enhances the teaching of PE in all key stages. It is used as a pre-learning tool as well as a means of recording the children's performance for self-evaluation and development of skills.
- Children use their **English** skills to provide feedback using appropriate and task-specific vocabulary.
- **Maths** skills are used and developed as children measure and record time and distance, count and record scores.
- PE contributes to our **PSHRE** curriculum as children learn about the benefits of a healthy, active lifestyle. It also allows them to develop teamwork skills as well as learn how to celebrate victory and graciously accept defeat. Our Year 6 pupils are responsible for planning, organising, and running our whole-school Sports Day in the Summer Term. We also have a group of PE Ambassadors who plan and run events throughout the year, both at Felsted and as part of the wider Uttlesford School Sports Partnership.

### PE and inclusion

- At Felsted Primary School, we inclusively teach PE to all children. Through our PE teaching, we provide children with the learning opportunities that enable every child to make good progress. As a school, we strive to meet the needs of those pupils with Special Educational Needs and Disabilities (SEND), those who are gifted and talented, those who have English as an additional language or those who have been identified as pupil premium.
- We strive to ensure that all children have access to the full range of activities involved in learning PE as well as the opportunity to participate in activities outside of our school.

### Assessment

Assessment is a continuous process from which teachers and children gain insight into learning:

- The purpose of the activity is made clear at the start of the lesson.
- Feedback is given to the children directly during the lesson to help children assess their own progress.
- Observations made during the lesson are used to inform future teaching.

## Resources

There is a wide range of resources to support the teaching of PE across the school. The large apparatus, kept in the hall, is set up by the children as part of their lesson – always under the supervision of an adult.

## Health and Safety

- Felsted Primary School adheres to County guidelines set down in the Essex County Council Code of Practice.
- Teachers are made aware of any disability/medical condition that could affect a child's performance.
- Staff and pupils adhere to a safe dress code.

## Curriculum map

	<b>Autumn 1</b>	<b>Autumn 2</b>	<b>Spring 1</b>	<b>Spring 2</b>	<b>Summer 1</b>	<b>Summer 2</b>
<b>Y1</b>	Fairy Tale Dance	Gymnastics	Space Dance	Multi-skills	Jungle Dance	Fitness
<b>Y2</b>	Gymnastics	Great Fire of London Dance	Indoor Athletics	Winter Dance	Yoga	Fitness
<b>Y3</b>	Handball	Gymnastics	Egyptian Dance	Fitness	Roman Dance	Athletics
<b>Y4</b>	Gymnastics	Leadership	Netball	Yoga	Tag rugby	Dance
<b>Y5</b>	Multi-skills	Yoga facts	Gym	Dance	Martial Art Dance	Self-defence
<b>Y6</b>	Multi-skills	WWII Dance	Yoga	Gymnastics	Athletics	Rounders
<b>All</b>	Football	Tag Rugby	Gymnastics	Basketball	Rounders	Athletics Swimming